

# Grace and Presence

## Yoga Teacher Training

With Mollie McClelland Morris, Fern Trelfa and Nathalie Joel-Smith



MOLLIE McCLELLAND MORRIS  
YOGA MENTORING & TEACHER TRAINING

### Student Code of Conduct

All teachers and teacher trainees are obliged to abide by the code, which demands safe teaching, honesty, professionalism and respect for fellow students at all times during Teacher Training Course. Failure to abide by the code of conduct may result in dismissal from the course and forfeiture of fees.

1. Arrive in class in time. If you do arrive few minutes late, do not enter during the opening chant, wait until it's finished and enter as quietly as you can.
2. Stay the entire class. If you need to leave early, let the teacher know in advance. If you do not feel well, please communicate as clearly as possible to the teacher.
3. If you are sick, injured, or not feeling well during the training, try to come to the class and observe. If there is an emergency and you cannot attend the class/training/weekend at all, notify the teacher before class if possible.
4. Certification is dependent on 100% attendance. If you are unable to make a session, you must communicate (by phone or email) to Mollie McClelland Morris. Your certification will be delayed until completion of make up work or a course.
5. Certification is dependent on full payment of fees. Late payments without reason may incur a late payment fee.
6. Keep the space around your mat free of clutter. Bags should be placed out of the way from your and other's practice space. All mats, props and other items should be taken up at the end of the day and stored in their appropriate location.
7. Practice Saucha. Maintain a safe and clean environment to practice yoga. Respect the place where you practice yoga, leave the room as you found it. In retreat environments, please practice consideration and mindfulness around use of dormitories and facilities.
8. All electronic devices should stay OUT of the class as much as possible. If they are in class for security reason, they must be turned off at all times during class. Sending and receiving text messages or emails during teaching times is unacceptable.
9. Recording of sessions is permissible, for personal use only. Any distribution or selling of recorded materials will be considered a breach of copyright and is grounds for legal action.
10. Let go of competitive mindset, this is your training and nobody else's. It is your right and responsibility to practice self care of your body and mind at all times. If you feel you are being pushed too hard, or are feeling pain or injury, please let Mollie McClelland Morris and teaching staff know as soon as possible.

11. Accept where you are, listen to your body, accommodate postures to your body's needs and come out of poses if needed. Be kind to yourself and take good care of yourself.
12. Students in Teacher Training environments may at times reveal information that is private, intimate or otherwise sensitive. It is imperative that all students and faculty respect complete confidentiality at all times. Students should refrain from discussions of other people, gossip or offering counseling assistance to any other students during the course.
13. Students might have information or ideas about yoga poses that they think could be helpful to other students. Physical assistance or assisting with yoga poses should come during structured class discussions and activities only, and only when specifically allowed by the course leader.
14. The retreat environment is designed to help immerse completely in the training. All students are encouraged to remain friendly and open to other students. It is inappropriate to exclude, neglect, or alienate other students through ignoring, ridiculing, gossiping or otherwise disrespecting another student.
15. Discrimination or ill treatment of another student, faculty member, or affiliated person with Mollie McClelland Morris based on race, gender, ethnicity, place of origin, language, sexual orientation, body type, size or shape, personal history, or disability will not be tolerated and is grounds for immediate dismissal.
16. Equally, sexual relationships between students on retreat weeks is highly discouraged, and sexual engagement which infringes upon the living space of others, is grounds for dismissal.
17. Yoga teachers and teacher trainees do not engage in sexual harassment. Sexual harassment is sexual solicitation, physical advances or verbal or nonverbal conduct that is sexual in nature, that occurs in connection with the teacher's/therapist's activities or roles as a teacher/therapist and that either (1) is unwelcome, is offensive or creates a hostile workplace or educational environment, and the teacher/therapist knows or is told this or (2) is sufficiently severe or intense to be abusive to a reasonable person in the context. Sexual harassment can consist of a single intense or severe act or of multiple persistent or pervasive acts.
18. Refrain from drug or alcohol use during teacher training retreats.